ICSF 2020-12-09/HN

WADA 2021 Prohibited List-major changes

The Prohibited List is updated annually by the World Anti-Doping Agency (WADA) and identifies those substances and methods which are banned, primarily because of their potential to enhance performance in sport or their masking potential.

On 1 January 2021 a new Prohibited List will come into effect. The new List includes several news, which are important for athletes, their doctors, other support persons and sport officials to be aware of:

Partly permitted substances

- Inhaled VILANTEROL is permitted when a max of 25 micrograms is inhaled over a 24-hour period (Class S3: Beta-2 Agonists).
- It is clarified that the exception for dermatological, nasal, or ophthalmic use of imidazol dervatives includes BRIMONIDINE, CLONAZOLIN, FENOXAZOLIN, INDANAZOLINE, NAPHAZOLINE, OXYMETAZOLIN and XYLOMETAZOLINE (Class S6: Stimulants).

Banned substances

A number of new examples of banned substances have been added for clarification:

Doping Class	Substances
(S2) Peptide Hormones, Growth Factors, Related Substances and Mimetics	IOX2
(S3) Beta-2 agonists	ARFORMOTEROL and LEVOSALBUTAMOL
(S9) Glucocorticoids	BECLOMETASONE, CICLESONIDE, FLUCORTOLONE, FLUNISOLIDE and MOMETASON
(P1) Beta-blockers	NEBIVOLOL

Additional changes

- Following the 2021 World Anti-Doping Code changes, four substances on the List have been recognized as Substances of Abuse: COCAINE, DIAMORPHINE (heroin), METHYLENEDIOXYMETHAMPHETAMINE (MDMA), and TETRAHYDROCANNABINOL (THC).
- The 2021 Prohibited List is redesigned to improve navigation and usability.
- For more detailed information about the changes, we refer you to WADA (https://www.wada-ama.org/sites/default/files/resources/files/2021list explanatory en.pdf)

The new WADA 2021 Prohibited List is available here (https://www.wada-ama.org/sites/default/files/resources/files/2021list_en.pdf)