ICSF 2020-12-09/HN

New World Anti-Doping Code 2021

On 1 January 2021, a new version of the World Anti-Doping Code will be launched. The Code is the overarching document for anti-doping practices worldwide, which means that the ICSF Anti-Doping Rules has also been revised to meet the new Code requirements. The new Code will impact everyone involved in sport – athletes, coaches, medical and administrative support persons etc.

- Find out more how it will affect you, in this summary of major changes.

Athletes' rights and obligations

- The new <u>Athletes' Anti-Doping Rights Act</u> promotes athletes' rights and ensures they are clearly outlined and universally applicable.
- To support athletes' right to get <u>anti-doping education</u>, a new International Standard for Education has been launched.
- Athletes' are obliged to disclose their <u>support personnel</u> upon request from an Anti-Doping Organization (ADO).

Anti-doping rule violations (ADRV) and sanctions

- A new rule gives further protection to <u>whistle-blowers</u>. To threaten or retaliate a whistle-blower may result in a lifetime ban from sport.
- <u>Substances of abuse</u>: The 2021 Prohibited List sets out a group of illegal drugs that are
 misused in society, outside of sports context. If such substances are found in-competition,
 sanctions may be reduced if it was used out-of-competition and was unrelated to sports
 performance. The focus is on athlete welfare and a completed treatment programme may
 also reduce the sanction.
- Results management agreements: A ban of four or more years may be reduced by one year if the person admits the ADRV and accepts the sanction within 20 days.
- Reintroduction of <u>aggravating circumstances</u>: A ban can be extended in certain circumstances (e.g., use of multiple prohibited substances).
- <u>Fraudulent conduct</u> during the results management process will be treated as a separate offence and a further consecutive sanction may be applied.
- <u>Attempted involvement or cover up</u> of an anti-doping rule violation committed by another person may result in two years to lifetime ban.
- A new International Standard for Results Management in combination with a demand for impartial and operationally independent Anti-Doping Review Panels, will safeguard <u>fair</u> <u>hearings and decisions</u> worldwide.

Additional news

- <u>Doping controls in-competition</u> includes the period commencing at 11:59 pm on the day before a competition through the end of the competition and the sample collection process.
- New definitions in the Code will allow for more flexibility for Protected Persons and Recreational Athletes.



This article in not exhaustive. For more detailed information we refer you to WADA (https://www.wada-ama.org/en/resources/the-code/2021-world-anti-doping-code-and-international-standard-framework-development-and).